

OCTOBER 2020

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DID YOU KNOW?

September in the Northern Hemisphere is similar to March in the Southern Hemisphere.

1
Fish Sticks
Mac-n-Cheese
Dessert

Alternates: Salad, Pizza,
Bagel Lunch or Cereal

2
No Cafeteria

5
Cheese Ravioli
Side Salad
Dessert

6
Ham Hoagie
Chips & Pickle
Dessert

7
Peanut Butter and
Jelly Sandwich
Chips
Dessert

8
Bacon & Cheese
Breakfast Pizza
Dessert

9
No Cafeteria

Alternates: Quesadilla Pizza, Salad, Pizza, Bagel Lunch or Cereal

12
Sloppy Joes
Rice
Dessert

13
Grilled Cheese
Tomato Soup
Dessert

14
Chick Fil A
Chips & Pickle

15
Hot Dog
Tater Tots
Dessert

16
Italian Delight
Salad
Dessert

Alternates: Tuna Sandwich, Salad, Pizza, Bagel Lunch or Cereal

19
Bacon Cheeseburger
French Fries
Dessert

20
Hot Ham & Cheese
on Pretzel Roll
Dessert

21
Bacon, Egg &
Cheese Croissant
Hash Brown
Dessert

22
Meatball Sandwich
Vegetable
Dessert

23
Dominos
Salad
Dessert

Alternates: Cream of Potato Soup & Salad, Salad, Pizza, Bagel Lunch or Cereal

26
Breaded
Chicken Patty
Vegetable
Dessert

27
Pierogies
Vegetable
Dessert

28
Chicken Nuggets
Buttered Noodles
Dessert

29
Turkey Hoagie
Chips & Pickle
Dessert

30
Italian Delight
Salad
Dessert

Alternates: Salad, Pizza, Bagel Lunch or Cereal

A La Carte

Fresh Fruit .50
Snacks 1.00/1.25
Soup 2.50

Whole Milk .75
2% Milk .75
Skim Milk .75
Chocolate Milk .75

School Info

Please make all
Checks payable
to:

ICA

Please include
name(s) and
grade(s) of your
child(ren) on one
check.

Lunches are \$3
each.

**MENU SUBJECT TO
CHANGE BASED ON
AVAILABILITY**