

September 2019

Monday	Tuesday	Wednesday	Thursday	Friday
No School 2	Corn Dog 3 Mac-n-Cheese Bites Dessert	Meatball Sandwich 4 Vegetable Dessert	Salisbury Steak 5 Mashed Potatoes Corn Dessert	Domino's Pizza 6 Salad Dessert
Alternates: Salad, Pizza, Bagel Lunch, Cereal				
Hot Dog 9 Sauerkraut Tater Tots Dessert	Breaded Chicken 10 Patty on Roll Vegetable Dessert	Hamburger 11 Mac-n-Cheese Dessert	French Toast 12 Sausage Dessert	Italian DeLite Pizza 13 Salad Dessert
Alternates: Salad, Pizza, Bagel Lunch, Cereal				
Turkey Hoagie 16 Chips & Pickle Dessert	Pierogie 17 Vegetable Dessert	Chicken Caesar Salad 18 Roll & Butter Dessert	Pancakes 19 Hash Brown Dessert	Domino's Pizza 20 Salad Dessert
Alternates: Salad, Pizza, Bagel Lunch, Cereal				
Cheese Ravioli 23 Salad Dessert	Pizza Quesadilla 24 Vegetable Dessert	Chicken Wrap 25 Smiley Fries Dessert	Egg McCare 26 Bacon Tater Tots Dessert	Italian DeLite Pizza 27 Salad Dessert
Alternates: Salad, Pizza, Bagel Lunch, Cereal				
Chicken Nuggets 30 Buttered Noodles Dessert Alternates: Pizza, Salad, Cereal, Bagel Lunch	<h2>Did You Know?</h2> <p>September was the seventh month of the original Roman calendar. This is where it got its name which means seventh. Later, when January and February were added to the calendar it became the ninth month.</p>			

A La Carte

Fresh Fruit	.50
Ice Cream	1.00
Snacks	1.00
Soup	2.00
Whole Milk	.75
2% Milk	.75
Skim Milk	.75
Chocolate Milk	.75
Strawberry Milk	.75
Lemonade	.75
Orange Drink	.75
Iced Tea	.75

School News

Please make all checks payable to ICA. Include name(s) and grade(s) of your child/children on one check.

One Meal	\$3
Five Meals	\$15
Ten Meals	\$30
Twenty Meals	\$60

MENU SUBJECT TO CHANGE BASED ON AVAILABILITY.